

Lord, be with us this day,
Within us to purify us;
Above us to draw us up;
Beneath us to sustain us;
Before us to lead us;
Behind us to restrain us;
Around us to protect us.



A Prayer of St Patrick

Let those who will, laugh and scorn - I shall not be silent, nor shall I hide the signs and wonders which the Lord has shown me many years before they came to pass, as He knows everything even before the life of the world.